

Drive Safely

Audience: For all workers

Average Training Time: 30 to 45 minutes

Format / Product Code: CD-ROM (MPEG Video)/ *SPDRVMPG*

Produced by: Mastery Technologies, Inc.

Mastery interactive version based on original video content produced by: Bureau of Business Practice, Inc.

OVERVIEW

“Drive Safely” complies with OSHA’s proposed safe driving guidelines. This course will reduce the risk of serious injury to your workers when they are driving on and off the job. This course will give your workers the information they need to answer six safe driving questions:

1. Is your vehicle fit to drive?
2. Are you fit to drive?
3. Are you a defensive driver?
4. Do you wear seat belts?
5. Do you obey posted speed limits?
6. Are you aware of pedestrians and bicyclists?



This course features thirty-five multimedia interactions that help ensure your workers will evaluate their vehicle’s and their own fitness to drive, drive defensively, wear their seatbelts, recognize areas and situations of increased risk, share the road with others, control their speed, and overall... **Drive Safely!**



TOPICS

The course presents interactive instruction covering the following topical areas:

Fit To Drive

- Vehicle Fitness
- Driver Fitness: Falling Asleep at the Wheel

- Driver Fitness: Drinking, Drugs, and Driving

Controlling Risks

- Defensive Driving
- Speed
- Seat belts

Sharing the Road

- Pedestrians
- Bicyclists
- Other Drivers

PERFORMANCE OBJECTIVES

This course will measure mastery on each of the following performance objectives. Upon completion, workers will be able to...

Evaluate vehicle fitness

1. Identify items on a vehicle to check routinely for proper operation.
2. Relate poor maintenance to the risk of accidents.
3. State the benefit of regular service checkups.



Evaluate driver fitness

1. State abilities needed for safe driving.
2. List practices and habits that help drivers stay awake and alert.
3. Identify substances that impair driving ability.
4. Recognize the accident risk for unfit drivers.

Drive defensively

1. List the risks other drivers pose.
2. Define “defensive driving”.
3. State the importance of awareness and anticipation.
4. Recall safe reactions to the actions of other drivers.



Wear seat belts

1. Recognize the risk for injury when not wearing seat belts.
2. List the injuries seat belts can lessen or prevent during an accident.

Travel at a safe speed

1. Define “safe speed.”
2. List conditions to consider when deciding traveling speed.
3. Relate the rate of speed to the risk of death in a crash.

Safely share the road with others

1. List who and what shares the road with drivers.
2. State driver responsibilities in relation to others on the road.

Recognize areas of increased risk

1. State locations where accidents are more likely to occur.
2. List defensive driving rules for pedestrians and bicyclists.

